



**AAREA**

Australian Asthma & Respiratory  
Educators Association

# AAREA 2009 CONFERENCE

The Sebel Albert Park, Melbourne October 15th -16th



## Inspiration for Life

**Join  
AAREA now  
to register at  
Member Rates  
and save**

**This inspirational program** offers a balance of Asthma, Respiratory, Chronic Lung Disease and the changing face of primary health care. The theme for the Conference is **“Inspiration for Life”**. Once again, the goal is a plethora of take home messages that registrants will be able to put into practice in their workplace.

Presenters at the conference come from a variety of health care backgrounds and include nurses, health educators, respiratory specialists, primary care practitioners, paediatricians, pharmacists and physiotherapists.

The support from Victorian Health and the sponsors has ensured that the cost can be kept down for such a key venue in the major city of Melbourne. We would encourage you to start planning and take advantage of the early bird rate before the end of the financial year, as well as the exceptionally low accommodation rate. Travel grants for eligible Rural and Remote area registrants have been applied for and await Government finance appropriations in July. For enquiries about travel grants, please contact the AAREA Secretariat 02 4340 8822

**The aims of the Conference are to:**

- Provide evidence based and best practice education to health professionals working in the specialised fields of respiratory and asthma education;
- Provide an opportunity for health professionals to develop and share clinical resources and expertise;
- Gather and provide an opportunity for those in rural and remote areas to interact face to face with the providers of medication and medication delivery devices and other education tools.

[www.aareaconference.com](http://www.aareaconference.com)

This conference has been made possible by kind support of the State Government of Victoria Department of Human Services and our sponsors.



# Conference Program

Australian Asthma and Respiratory Educators Conference  
*"Inspiration for Life"* October 15 and 16

## PRE-CONFERENCE Wednesday October 14, 2009

5pm-8pm	<b>Registration – Attendees are encouraged to register early to avoid the Thursday rush</b>
7pm-9:30pm	<b>Credentialing Workshop for Asthma and Respiratory (COPD) Educators – The How To?</b> <b>Facilitators:</b> Anna Berkelmans and Suzanne Hull

## DAY 1 Thursday October 15, 2009

8:00am	<b>Registration – Trade and Poster Displays</b>			
8:45am	<b>Conference Welcome:</b> Commonwealth			
9:00am	<b>Opening Address:</b> Kristine Whorlow, Chief Executive Officer, National Asthma Council, Australia			
9:15am	<b>Key Note Speaker:</b> Prof. Christine Jenkins <b>Topic:</b> National Asthma Strategy 2009-2013 – Educational opportunities			
10:00am	<b>Key Note Speaker:</b> Anna Berkelmans <b>Topic:</b> Models of Care – Asthma and respiratory education			
10:45am	<b>Morning Tea – Trade and Poster Displays</b>			
11:15am	<b>Presenter:</b> Dr Frank Thien <b>Topic:</b> Innovations and advances in asthma			
11:45am	<b>Presenter:</b> Dr Nick Freezer <b>Topic:</b> Childhood predictors of COPD			
12:15pm	<b>Presenter:</b> Caroline Nicolson <b>Topic:</b> Airway mucociliary clearance techniques			
1:00pm	<b>Lunch – Trade and Poster Displays</b>			
2:00pm	<b>Presenter:</b> Assoc. Prof. Christine McDonald <b>Topic:</b> Innovations and advances in COPD			
2:45pm	<b>Presenter:</b> Dr Bandana Sani <b>Topic:</b> Standards of Asthma Pharmacy Practice (SOAPP)			
3:15pm	<b>Afternoon Tea – Trade and Poster Displays</b>			
3:45pm	<b>Concurrent Sessions</b>			
Session 1	Call for oral presentation	<b>Presenter:</b> Emil Dan <b>Topic:</b> Re-engineering your pharmacy for respiratory education	<b>Presenter:</b> Joanne Smart <b>Topic:</b> Anaphylaxis and asthma	Call for oral presentation
4:20pm	<b>Concurrent Sessions</b>			
Session 2	<b>Presenter:</b> Sue Tamblyn <b>Topic:</b> The journey of lung transplant	<b>Presenter:</b> Neil Petrie <b>Topic:</b> Reviewing the medications of the older person with asthma	<b>Presenter:</b> Jane McDermott <b>Topic:</b> Asbestos diseases & the compensation process	Call for oral presentation
5:00pm	<b>Close – Poster Viewing and Judging</b>			
7:00pm	<b>Conference Dinner</b>			



# Conference Program

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## DAY 2 Friday October 16, 2009

7:00am	<b>AstraZeneca Breakfast Symposium</b> "Transforming Asthma Management" Breakfast will be served from 7:15am with presentation to commence at 7:30am			
8:15am	<b>Registration – Trade and Poster Displays</b>			
8:30am	<b>Welcome:</b> Victoria State			
8:45am	<b>Key Note Speaker:</b> Prof. Robyn O'Hehir <b>Topic:</b> Allergies, rhinitis and asthma			
9:30am	<b>Key Note Speaker:</b> Michael Keating <b>Topic:</b> Asbestosis			
10:00am	<b>Presenter:</b> Assoc. Prof. Richard Widmer <b>Topic:</b> Dental and oral implications of respiratory medications			
10:30am	<b>Morning Tea – Trade and Poster Displays</b>			
11:00am	<b>Presenter:</b> Dr Chris Worsnop <b>Topic:</b> Lung bugs and update			
11:30am	<b>Presenter:</b> Dr Andrew Tai <b>Topic:</b> The long term outcomes of childhood asthma into adult life			
12:00pm	<b>Presenter:</b> Dr Leslie Braun <b>Topic:</b> What do complementary therapies have to offer respiratory patients?			
12:30pm	<b>AAREA Annual General Meeting</b>			
1:00pm	<b>Lunch – Trade and Poster Displays</b>			
2:00pm	<b>Concurrent Sessions</b>			
Session 1	<b>Presenter:</b> Alex Ehlert <b>Topic:</b> Mental Health and COPD	<b>Presenter:</b> Dr Tony Sasse <b>Topic:</b> Good sleep hygiene and sleep disorders	<b>Presenter:</b> Michelle Norman & Craig Moore <b>Topic:</b> The didgeridoo Project – a community asthma program	Call for oral presentation
2:35pm	<b>Concurrent Sessions</b>			
Session 2	<b>Presenter:</b> Anna Hutchinson <b>Topic:</b> COPD and palliative care – providing answers when there are no answers	<b>Presenter:</b> Dr Tony Sasse <b>Topic:</b> Good sleep hygiene and sleep disorders	<b>Presenter:</b> Anna Berkelmans <b>Topic:</b> Smoking behaviour and knowledge and attitudes to smoking cessation among nurses	Call for oral presentation
3:05pm	<b>Afternoon Tea – Trade and Poster Displays</b>			
3:30pm	<b>Presenter:</b> Erik Tikoft <b>Topic:</b> HTLV – 1. HT what? chronic suppurative lung disease/bronchiectasis – a central Australian perspective			
4:00pm	<b>Presenter:</b> Medical Social Society of University of Melbourne <b>Topic:</b> Classroom to Consultant – conquering coughs and catarrh			
4:45pm	<b>Poster Award Presentations</b> Notice of the Australian Asthma Conference – 2010 and next AAREA Conference – 2011 Evaluation			
5:00pm	<b>Close</b>			

# AAREA 2009 CONFERENCE

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## Registration Form

### PERSONAL DETAILS

Name of Applicant: \_\_\_\_\_

Postal Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_ State: \_\_\_\_\_

Phone – Work: \_\_\_\_\_ Home: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

### EMPLOYMENT DETAILS

Position held: \_\_\_\_\_ Qualifications: \_\_\_\_\_

Employer: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_ State: \_\_\_\_\_

### DIETARY REQUIREMENTS

Do you have any special dietary requirements? If yes, please specify: \_\_\_\_\_

Register Before:	EARLY BIRD June 26 2009	VALUE Aug 12 2009	STANDARD Sept 12 2009*	AMOUNT
AAREA Member – 2 Day Conference and Dinner	\$495.00	\$540.00	\$595.00	
Non Member – 2 Day Conference and Dinner	\$545.00	\$595.00	\$645.00	
AAREA Member – 1 Day (excludes Dinner)	\$245.00	\$275.00	\$295.00	
Non Member – 1 Day (excludes Dinner)	\$295.00	\$320.00	\$345.00	
*After 12 September, a \$50 Administration Fee will apply				
Pre Conference Credentialing Workshop 7:00pm-9:30pm 14/10/09 For Asthma and Respiratory (COPD) Educators – The How To?			Members \$55.00 Non-Members \$99.00	
AstraZeneca Breakfast Symposium 7:15am 16/10/09 "Transforming Asthma Management"			\$25.00	
			<b>TOTAL</b>	



Join AAREA now for 2009/10  
to book at member rates

To join go to [www.aareducation.com](http://www.aareducation.com) or call 02 4340 8822

### PAYMENT DETAILS

Cheque/Money Order enclosed for amount \_\_\_\_\_ (payable to AAREA)

Please charge my  Visa  Mastercard for the amount of \_\_\_\_\_

Credit Card Number \_\_\_\_\_ Expiry Date: \_\_\_\_ / \_\_\_\_

Name on Card \_\_\_\_\_ Signature \_\_\_\_\_ CVV\* \_\_\_\_\_

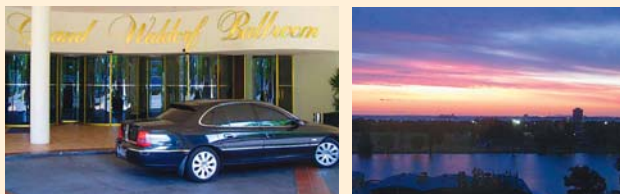
\*On the back of most credit cards, all or part of your account number is displayed in italic font across the signature slip, followed by 3 extra digits. This is your Card Verification Value, or CVV and is an anti-fraud measure.

## Accommodation

Your accommodation should be booked directly with Sebel (quoting the AAREA Conference when you make your reservation)

ROOM	EARLY BIRD Book before August 12	AAREA RATE Book after August 12
<b>Citygate Room</b> Single/Twin or Double Occupancy	\$145.00	\$160.00

Lakeview Rooms across the above categories are also available at an additional charge of \$25.00 per night. Views are of Albert Park Lake, Port Phillip Bay and Melbourne City.



### Breakfast

To include breakfast in the accommodation rate add \$23.00 per person per night. This rate applies as a group reservation only and must be taken at the time of booking. Breakfasts booked individually are charged at \$28.00 per person per night.



### Check-In Times

The Hotel is pleased to confirm access to guest rooms from 2:00pm. Earlier access will be strictly subject to availability.

### Check-Out Times

The Hotel check-out time is 10:00am

### The Sebel Albert Park Melbourne

65 Queens Road Melbourne Victoria 3004

**Phone:** 61 3 9529 4300 **Fax:** 61 3 9521 3111

**Email:** [reservations@tsapm.mirvac.com.au](mailto:reservations@tsapm.mirvac.com.au)

**Toll Free:** (Within Australia) 1 800 633 888

### Travel Grants

Travel Grants to support the attendance of Rural and Remote Health Professionals has been applied for from the Department of Health and Ageing.

### Continuing Education Points

To be advised – RCNA and Pharmacist CE Points under consideration. AAREA CE Points available (2 points per day) (1 point for Pre-Conference).

## SPONSORS

Platinum Sponsor  
& Breakfast Symposium



Gold Sponsor



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